



L'Equipe Newsletter

Volume 2 Issue 2

February 2012

Let the Race Season Begin! Ontario Grand Prix



The first of the Ontario Criterium series began January 15th with some impressive finishes for SC Velo team members. Team members raced around the seven corner Grand Prix Course as they sought victory. In the Masters 30+ 4/5 category, SC Velo was well represented with several team members with brand new team member Peter Slonsky earning a well earned 5th place finish. Our Juniors were also in fine form with Seth Veenbaas taking 2nd place in the Junior Men's 15-16 Category and 5th in the



Junior Men's 17-18 Category. The highlight of the day was the pure dominance of the SC Velo Empower Coaching Women's Elite Team in the Women's 1-3 Category. Lisa Campbell took first place with Holly Breck taking second, and Amber Gaffney taking third. Showing their domination of the field, Pricilla Calderon took fourth and Beatriz Rodriguez took 5th. Yes, you read that right. The top 5 positions were owned by our own Women's Elite Team!

The next Ontario Criterium will be the Dare to Race Grand Prix on Sunday February 26, 2012. The course in the seven corner Grand Prix Course. Good luck to all that are racing! If you are not racing go out to support the team.





Boulevard! Monster Media Delivers the Goods

The “official” start to the road race season is the ever popular Boulevard Road Race. This is the race that everyone wants to win at the outset of the season. Cycling greats such as Chris Horner and Christian Van De Velde have had the honor of winning here.

Nobody ever really knows with the weather will bring with this race. This time around racers had to contend with cold and windy conditions but for the most part, racers said the conditions were pretty good considering what it could have been.

While not many SC Velo team members made the trip to race down South, our own Monster Media Men’s Elite Team represented the Masters 35+ Category with Philip Tinstman winning second place, and Kayle Leogrande earning third place. Rounding out the top five were James Gunn-Wilkinson in fourth and Christopher McDonald in fifth. Also, John Abate and Brian Cook earned a

top ten finish with an eighth and tenth place finish respectively. Congratulations, guys! Photo courtesy of <http://www.monstermediaracing.com/editorial/boulevard-red-trolley-race-weekend>.

Majestic Cycling Circuit Race

There is a new local race in town, which should attract many local riders to compete. Majestic Cycling is hosting the Rosena Ranch Circuit Race to be held March 24, 2012. Originally slated to be a circuit through Rosena Ranch, the course has apparently changed to be an out and back on Glenn Helen Parkway from Lytle Creek Road to the 15 fwy. Majestic Cycling has yet to publish this new information on their webpage so distance and elevation are an unknown at this point. However, the flier for this event at SoCal Cycling may be correct. <http://www.socalcycling.com/RaceAnn/2012/Rosena.pdf>



Inquiries can be made to Majestic Cycling at <http://www.majesticcycling.com/>





2012 San Dimas Stage Race Host Housing Program

Who: The San Dimas Stage Race organization is searching for families in the San Dimas Area who would like to host riders for the 2012 race!

What: Host housing is needed for the professional men's and women's bicycle racing teams competing at the 2012 San Dimas Stage Race – an opportunity for families in the area to connect with National Champions, Olympians, future Olympians, and hard-working racers striving to fulfill dreams in professional bike racing.

When: Race Dates March 16-18, 2012 (Teams usually arrive Wednesday or Thursday and Leave Sunday or Monday)

We are in search of families who live within a 30-minute maximum drive of San Dimas. Opportunities exist to host men's and women's teams.

See www.sandimasstagerace.com for race information.

Host homes need to provide: a bed space (couch or air mattress is fine) for each rider, kitchen privileges and refrigerator space; garage or other safekeeping space for bicycles.

Host homes ARE NOT expected to provide: transportation or food. The Teams will provide their own transportation and meals. However, most families do like to provide some shared meals, but are not expected to do so.

Host families are encouraged to engage with their guest racers, as experience shows that involved host families find the experience most rewarding when they connect with their guests. Come watch them race, talk to them, and find out what the life of a professional road cyclist is all about.

Whether you can host one or two riders, or whether you and your neighbors can host a full team of eight; we want to hear from you!

Please email a copy of the above information to the San Dimas Stage Race Host Housing Coordinator Daryl Bowman at:

HostHousing@sdsr.info



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Cycling Announcer Dave Towle Talks Cycling with SC Velo Members



SV Velo members were treated to an enlightened evening with Dave Towle. Known as the Phil Liggett of American cycling announcing, Towle is famous for his colored phrases during races such as, "The field is strung out like a runway model". Towle started out as a bike racer but has found more success behind the microphone as he has been announcing top national and international races such as the Tour of Ireland, the



now defunct Tour de Georgia, and more recently the Amgen Tour of California among others.

Towle provided interesting information on his experiences as well as his perspective on the role of our own San Dimas Stage Race. Thanks go out to Mr. Towle for taking time to spend with SC Velo.



AUTO BODY BEAUTY CENTER



Club Member of the Month Hunter Grove



Hunter has been racing his bike for about 8 years and he is only 19. Since he has been racing with SC Velo over the past year or so, Hunter has come into his own. He has had an abundance of top ten finishes and several podiums including the San Clemente Criterium and most recently a 6th place at the coveted Boulevard Road Race racing in Men's Category 1/2.

Hunter raced the Valley of the Sun Stage Race earlier this month and had very impressive results. Placing an impressive 14th of 84 riders in the Time Trial, Hunter came back the next day to win the demanding Road Race in a sprint finish. Rounding out the stage race, Hunter came in second in the criterium giving him an awesome GC placing of 12th out of 78 riders in the Men's Cat 2 race.

We are all very impressed with Hunter as a racer and as a valued member of our SC Velo Team. Congratulations to Hunter on being SC Velo Club Member of the Month!



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CANNONDALE





SC Velo U23 Team

Did you know that SC Velo has an Under 23 Race Team? Let's welcome these guys aboard as part of the SC Velo family and show them some support for their hard work and effort!

Go to their Facebook page and **LIKE** them and send them some love!

<http://www.facebook.com/#!/scvelou23>

New SC Velo U23 Team Meshes at Valley of the Sun

The SC Velo Under 23 Team ventured out to Arizona for the Valley of the Sun Stage Race. Looking at the results, it appears as if the guys are working well together and are enjoying some solid results.

A special shout out goes to Hunter Grove who won the demanding Men's Category 2 94 mile road race in a sprint finish. This helped him earn an impressive 12th place finish in the overall GC category.



Cory Has Impressive Race at Dominguez Hills

SC Velo's Cory Williams rode to a solid 5th place finish at the Dominguez Hills Criterium on February 19. Look for Cory to dominate at the next Ontario race. Nice job Cory!



Tour of Palm Springs

By Vic Jacobo – Recreational Riders Captain



The morning was clear and windy. The wind was blowing from the west about 20 mph with gusts up to 35. The course was basically a huge rectangle that started out north from downtown Palm Springs and continued to the north of the 10 freeway then east towards Coachella and finally south then west back to Palm Springs.

In attendance were about 17 riders. We had a mixture of SC Velo members and Cowriders. There was one tandem ridden by Demi and his daughter Kelsey.

We started out a little after 8am and took a detour around the crowd at the start. The first 20 miles we were fighting the crosswinds and climbing. This turned out to be most of the climbing for the entire ride. When we finally turned east we were going downhill with a tailwind. Demi and company were flying like the shuttle reentering into the atmosphere! They topped out at 50+ mph. I was spun out and couldn't keep up.

We started out a little after 8am and took a detour around the crowd at the start. The first 20

We regrouped at the SAG stop then continued east with the tailwind. The road started to turn south ever so slightly until we had a steady crosswind again with some areas of blowing sand – typical for Palm Springs. At about the halfway point we stopped at another SAG stop and took a lunch break.

When we got rolling again Jose and his son decided to head back toward Palm Springs and left the group. That turned out to be the longest ride his son had ridden to date. Nice job!

The rest of the group continued on not looking forward to fighting the headwinds ahead. As the road continued toward the southern side of the valley, the mountain range seemed to block some of the wind. The winds weren't quite as strong there as they were in the morning which was a relief.

We rolled through some very nice scenery passing many weary riders and finally arrived back at the finish where there were cheerleaders and a band playing for all the incoming riders. The finish line was packed with people and vendors of all types. We made our way over to the Incycle tent for one final group picture in front of our sponsor.

Our ride time was 5 hours and 55 minutes for 106 miles and 3500 feet of climbing. This was a really fun century - even with the wind. A great group of people made all the difference. I can't wait to do it again next year!



Renew Your USA Cycling Racing License

Remember that in order to race for the 2012 season, you must renew your USA Cycling racing license. You can do this by following this [link http://www.usacycling.org/news/user/story.php?id=7223](http://www.usacycling.org/news/user/story.php?id=7223) at USA Cycling.

All Men's Category 5 and Women's Category 4 racers can purchase 1-day licenses at \$10 a race instead of buying the annual \$60 license.

You must have a separate license for different disciplines that can be added on for an additional \$30 per discipline.



YO!

PAY YOUR DUES

**2012 SC Velo Membership:
If you have not yet sent in
your SC Velo Membership
Application for 2012, do it
now!**

**The application is available
online at: [http://scvelo.com/
membership](http://scvelo.com/membership)**

Looking for a Good Group Ride?

MONTROSE

Montrose is a popular training ride for the many Southern California amateur racers that are looking for a fast ride to work on pack and racing skills. The ride officially starts at Descanso Gardens in La Canada and has a couple of official pick up spots along the route. Expect the ride to be fast and aggressive. This is not a no-drop ride so be prepared to know the route ahead of time in case you get dropped.

There are many SC Velo riders that meet at the Goodwill Store parking lot at Lone Hill and Foothill at 7:00 am and ride out to meet the pack. Contact Demi at I12bike@aol.com for more information.

FOOD PARK

This is Bike Religion's Saturday medium to fast paced ride that leaves from Main and Harvard in Irvine outside the Coffee Bean. The ride leaves at 8:30 am as a large group and rides through Irvine, Laguna, and Corona Del Mar. Bike Religion markets this ride as the OC World Championship. Be prepared for a tough and competitive ride. Contact Bike Religion for more information for this and their other rides. <http://www.bikereligion.com/>





Still Need SC Velo Gear?

The SC Velo Team Store by JL Velo is open. You can purchase your gear until February 26, 2012. In addition to team kits, there are a handful of off the bike items such as hats, fleece sweaters, and polo shirts. Grab your SC Velo gear while you can! Access the team store webpage through the Yahoo! Group or contact your team captain for the information you need.



**monster
media**



Welcome New SC Velo Members!

Nick Robertson - Junior
Natalie Robertson - Junior

Mike Williams - Masters
Greg Hayes - Masters

Steve Brady - Recreation
Mike Cuthbertson - Recreation
Genaro Gonzalez - Recreation
Raymond Ortegaso - Recreation
Jacob Smith - Recreation
Randy Smith - Recreation

Ryan Cleveland - Men's Cat 2

Steven Silva - Men's Cat 3

Oliver Dayos - Men's Cat 4/5
Scot Harvey - Men's Cat 4/5
Roger Hauptman - Men's Cat 4/5
Nathan Seaford - Men's Cat 4/5
Steve Moss - Men's Cat 4/5
Peter Slonsky - Men's Cat 4/5

Ella Ongkoputro - Women's 3/4-Rec
Cecilia Cleveland - Women's 3/4-Rec
Stephanie Harvey - Women's 3/4-Rec
Adriana Kath - Women's 3/4-Rec
Linda Pillow - Women's 3/4-Rec



Quote of the Month: "Somebody thought it would be a good idea to test out that new chain on MY back." - Ernie Villalon

SC Velo Club Volunteer Requirements

Being part of a cycling club such as Southern California Velo, is meeting the responsibilities that are asked of us all. Our club puts on quality road and mountain biking events that demand volunteers to help in order to put on events that people not only talk about but participate in.

In order for us to be successful and continue providing events such as the San Dimas Stage Race and the Incycle Challenge Mountain Bike Race, we need to step up and volunteer our time. Being part of SC Velo requires all members to volunteer in a total of four "spots".

Keep in mind racers, those members that do not meet their volunteer requirement cannot be compensated for target races.

We are coming up quickly on the San Dimas Stage Race and will be soliciting for members to fill their spots. Please do your part and volunteer to be part of the best cycling event in Southern California.



Board Members

Demi Hechanova l12bike@aol.com President

Ken Burns Vice President

Al Wiscovitch alwisco@msn.com Treasurer

Bill McCusker bill@mccusker.org Secretary

Lea Adams cyclinggirl32@yahoo.com Women's Elite Team Captain

Omar Almaguer mtbiker.omar@gmail.com Mountain Bike Team Captain

Daryl Bowman darylbowman@ca.rr.com Cat 3 Team Captain

Mark Planellas mplansr@roadrunner.com Masters Team Captain

Dominic Galenti bikedom@gmail.com Juniors Team Captain

Max Hernandez mk_hernandez909@hotmail.com Cat 2 Team Captain

Victor Jacobo vjacob@gmail.com Recreational Team Captain

Leslie Leaming lgleaming@gmail.com Women's Cat 3-4-Rec Team Captain

Jason Paez ijppaez@yahoo.com Cat 4-5 Team Captain

Volunteers Needed

Looking to help out? SC Velo needs volunteers to form committees in the following areas:

- **Website construction**
 - Sponsorship
 - Club Meetings
 - Group Rides
 - Charity Events
 - SDSR
- **MTB Event Volunteers**



If interested in helping out please contact any board member for information.

SC VELO

Calendar of Events

Click on icons!



Pacific Sunset Velo

Ontario Grand Prix 2
2/26



El Tour de Manure
3/3



USA Cycling So Cal
Cup Crit Series
3/4



Fiesta Island Time Trial
3/4



Tour de Murrieta
3/9-3/11



San Dimas Stage Race
3/16-3/18



Redlands Bicycle Classic
3/22-3/25



Rosena Ranch Circuit Race
3/24

COOL LOCAL RIDES!

Tuesdays

- Crit Practice in Chino Hills at 7PM

Wednesdays

- Bonelli - meet at Fairplex and Puddingstone at 6:00

Thursdays

- MTB night ride

Saturdays -

- Cowride at Incycle in Chino Hills at 8AM
- The Grind Ride at It's a Grind in Rancho Cucamonga at 8AM
- Montrose at the Goodwill on Rt.66 and Lone Hill at 7:00AM

Sundays

- The Bagel Ride at Incycle in Rancho Cucamonga at 8AM or in LaVerne at 8:30AM



[NEW SDSR WEBSITE!](#)
[CHECK IT OUT!](#)

Info on Submissions

SC Velo's L'Equipe Newsletter is looking for members to submit articles and photographs on anything SC Velo, cycling, and member related.

Please submit written articles and photographs by the 3rd week of each month for submission into the newsletter for the following month. Submit materials to lgleaming@gmail.com.